

NEW MEXICO SCHOOL FOR THE ARTS  
HIGH SCHOOL

**HEALTH EDUCATION CURRICULUM – OPT OUT POLICY**

The New Mexico School for the Arts (the “school”) is a statewide public high school for students with exceptional promise in the arts. This Health Education Curriculum Opt Out Policy is adopted to address student health education at the school in compliance with New Mexico law and regulation.

Health Education Curriculum Waiver

Students should not be exempted from the entire Health Education class, but rather from specific topics or lessons. This procedure should be looked upon as a partnership between the parents and the school, designed to meet the needs of each student and family. The following steps should be taken:

- A. Teacher(s) should communicate curricular content to parents, including a syllabus.
- B. The parent/guardian should contact the teacher and request a meeting.
- C. Parent/guardian and teacher(s) (administrator if deemed necessary) should review the curriculum to identify from which specific topics/lessons to exempt the student.
- D. Teacher(s) should supply parent/guardian with a copy of the state standards that are met within this topic and agree upon alternative assignment(s) that will meet these standards. Parent(s) and teacher(s) may use alternative materials that meet state standards.
- E. A written agreement will be written up and signed by all parties stating:
  1. Specific dates the student will be out of class.
  2. Where and to whom the student will report on these days.
  3. The assignment that has been agreed upon by teacher(s) and parents(s)
  4. The standards being met
  5. How the student will be evaluated for this assignment
  6. Head of School’s approval/signature, parent/guardian signature, teacher signature, student signature.
  7. By signing this document all parties agree to its stated terms.

This Health Education Opt Out Policy was amended by the Governing Council of the New Mexico School for the Arts effective as of August 5, 2014.

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SHERRY THOMPSON, Chair  
of the Governing Council

  
PAULA TACKETT, Secretary  
of the Governing Council

Legal Reference: Section 22-13-1.1 (J) NMSA 1978, NMAC 6.29.1.11.7